ALL Souls Suffer

POVERTY: Sadly most of the world’s plant protein is fed to factory-farmed animals so that the wealthy countries can feast on their flesh. That plant protein with all essential amino acids could be used to save starving families in impoverished places.

HEALTH: Research now shows that a plant-based diet is much healthier than a diet based around animal flesh, fat, and blood. Cardiovascular disease, diabetes, and cancer can be reduced on a PLANT-POWERED diet. This confirms our design by God in Eden.

ANIMAL-SUFFERING: Research also confirms the Bible’s teaching that animals with “nephesh” (soul) can think & feel deeply. So, they experience pain, fear, sadness, or pleasure, peace, & joy. They were given souls to enjoy our Good Shepherd Creator’s life of Agape love. In fact, new research shows that pigs, cows, lambs, ducks, & chickens think and feel just like your beloved pet dog or cat. Imagine what you would feel and do if someone did to your pet what’s done to factory-farmed animals. Please look & find out.

YES your PETS will go to Heaven! →→

BUT THE REAL QUESTION IS →→

Will YOU be there with them?

Plant-Powered Resources


VIDEO: “GAME CHANGERS”. Arnold Schwarzenegger among many physicians, nutritionists, & elite world-class athletes present cutting edge scientific research about the benefits of a Plant-Powered way of eating. https://gamechangersmovie.com/

VIDEO: “EATING MERCIFULLY” (only 25 min) A short Christian documentary by the HUMANE SOCIETY of the United States: FREE on YouTube or buy the DVD from HSUS.

VIDEO: “THE EMOTIONAL WORLD OF FARM ANIMALS”. New research discoveries in the fields of animal behavior, thinking, and emotion now reveal that they suffer just like your pets.

Sid & Linda’s VEGAN WEBPAGE: Just GOOGLE: Sid Galloway Vegan

Good-Shepherd “Compassionate” Plant-Powered Eating

Simply Avoiding Cruel & Unnecessary Animal-Suffering

Good Shepherd Compassion
FREE Since 1983

Sid Galloway BS, M.Div. Old Sheepdog
Animal-Assisted Family Counselor, Biology-Teacher, Seminar-Speaker
60 yrs. rescuing animals & humans
Dogs-Cats-Elephants-Leopards
Wolves-Raccoons-Otters, …
Yes, even Lions & Tigers & Bears

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QR CODE - Use your Phone or Tablet CAMERA to Instantly open the WEB SITE →

Will YOU be there with them?
The I.D.E.A. is: “I Don’t Eat Animals” * They’re my FRIENDS - not my FOOD *

NO JUDGMENT - Just our personal story and conviction. We realize it’s sometimes impossible in “modern” society to 100% avoid animal products and the suffering caused by their production. Some plastics, rubber, and many other items contain hidden amounts of animal products.

ALSO, we realize that there are people in the world who cannot survive on a plant-based diet. Eskimos in the frozen arctic and desert nomads for example. Gratefully, most of us have the privilege and responsibility to choose a Way of Life that avoids supporting unnecessary suffering of animals who can think and feel (just like your pet dog or cat).

OUR effort and encouragement to others is simply to practice a COMPASSIONATE lifestyle, including diet. Whenever reasonably possible, we seek to avoid supporting the “modern” systems that cause unnecessary animal suffering (pain, fear, ...).

ENOUGH PROTEIN? The powerful guys below got all their essential amino acids from Plants NOT Meat.

Agape is Greek for our Creator’s unselfish love for creation & creatures (John 3:16; Rom 8). God’s followers are expected to let His love flow thru them by grace thru humble dependent faith in God not self as the source of agape love. [Jesus said] “… let him deny himself [his desires], take his cross daily, & follow Me” (Luke 9:23-26). “I am the Good Shepherd. The good shepherd gives His life for the sheep” (John 10).

“A good man has compassion for the soul of his animal, but the wicked . . . is cruel.” Prov 12:10

SID’s Story: “As a youth & an adult rescuer-rehabilitator of exotic wildlife, Sid’s animal friends saved his life. Suicidal feelings were overcome by our Good Shepherd Creator’s Agape-Love living thru his animals. The biblical Hebrew for soul (nephesh) is used for BOTH humans AND many kinds of animals. They think, feel, & have individual personalities, so they are PERSONS – NOT machines. Sid started a plant-powered “vegan-vegetarian” lifestyle 40 years ago, but not consistently. Yet for many years now, Sid & Linda have been purely Plant-Powered (vegan) & love it! LINDA’s “Compassionate-Living” story, & more of Sid’s are online.

Compassionate DOMINION - NOT Abusive Oppression: God delegated authority to humans (Gen 1:26-28), BUT NOT the right to abuse & oppress other creatures or creation. “God took the man and put him in the garden of EDEN to tend (Hebrew = abad = Serve) and keep (Heb. = shamar = Protect) it” (Gen 2:15). So our human role is Servant-Protectors of creation & creatures. Christ commanded it in Mat 20:20-28, when he confronted a few followers who wanted to be rulers the world’s way, predatory survival-of-the-fittest, to use power over others to fulfill the pleasures of self, including food cravings. “Whoever desires to be great among you, let him be your servant. And whoever desires to be first [top] among you, let him be your slave - just as (I Christ) the Son of Man did NOT come to be served, but to serve others, and give His life a ransom for many [unselfish Cross-Love].”

HISTORY? His-Story of the Good Shepherd’s Love Whether you take it literally or not, the moral message is the same. Genesis begins with a special “safe-space”, the Garden of Eden, a place of love, joy, & peace among humans and nephesh animals that can think & feel. No violence, pain, fear, or suffering. Humans & nephesh animals are only a Plant-Powered diet. Our Good Shepherd Creator’s desire was and is always for the “way” of Eden to spread globally (Gen. 1-2; Isaiah 11). Permission to eat animal flesh was ONLY granted AFTER the flood & catastrophic climate change destroyed many plants (Gen.9:3). In Exodus, God gave them “manna” (bread-like) food & was angry when people begged for animal flesh “meat” instead. Today we don’t need to eat animals & cause suffering.

TODAY? Is it ever OK to end the life of a nephesh animal? Our Good Shepherd Creator according to the Bible conditionally allows humans to end the life of a “nephesh” thinking, feeling animal soul ONLY under five conditions:
1. EUTHANASIA: To end the animal’s severe suffering. (Prov 12:10)
2. PROTECTION: To prevent the injury or death of another soul (human or nephesh animal). (Exo 21:18-35; 1 Sam 17:34-36)
3. FOOD: To survive (like a middle east desert). (Gen. 9:1-4)
4. HUMANELY: Always with the least suffering possible. (Prov 12:10)
5. GRIEF: Always in an attitude of sadness. (Lev 17:10-14)

ETERNITY: Universe restored to the “Way” of EDEN “the creation itself will be set free from its slavery . . . and obtain the freedom of . . . the children of God. For we know that the whole creation groans and suffers the pains of childbirth together until now.” Rom. 8:21-22

“the WOLF will lie down with the LAMB, the leopard will lie down with the young goat, . . . the LION will EAT PLANTS like the COW . . . they will NOT HURT or destroy . . . for earth will be FULL of the [intimate, personal] knowledge of the LORD” Isaiah 11:6-10

ORIGIN – How & why do you exist?

SUFFERING – What’s your purpose in life?

FUTURE – Where will you go after death?